

## THE CHURCH AT WORSHIP

11:00 am – 12:15 pm

### “Can Self-Talk Influence Your Salvation”

Welcome & Announcements	Gary Christenson	
Invocation	Pastor Vernon Herholdt	
Tithes & Offering	Local Church Budget	Gary Christenson
Praise Time	Dan Spilovoy	
	#518 – Standing on the Promises, all vs	
	#341 – To God be the Glory, all vs	
Children’s Story	Erica Chapman	
Scripture & Prayer	John 5:24	Ron Warner
Message	Pastor Vernon Herholdt	
	“Can Self-Talk Influence Your Salvation”	
Closing Song	Dan Spilovoy	
	#600 – Hold Fast Till I Come, all vs	
Benediction	Pastor Vernon Herholdt	

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Elder of the Month – Sterling Breuer

Sunset Today: 6:29 pm

Sunset next Friday: 6:39 pm

Bismarck Pastor: Vernon Herholdt

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Bismarck SDA Church

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### Pastor’s Corner:

Friends, in the depths of our being resides a powerful instrument: the mind. Our thoughts shape our beliefs and consequently, our reality. Our mental landscape is multi-dimensional, comprising words, images, and emotions. This intricate interplay forms our self-talk, the silent dialogue that echoes within us.

Consider the narratives we craft within ourselves. With every word spoken internally, our beliefs are etched deeper into our consciousness. Whether it's the scars of past trauma or the whisper of doubt, our self-talk molds our perception of self and the world. Yet, amidst life's noises, a still small voice beckons us towards truth.

Selective reading of Scripture fosters despair, but a shift in self-talk unveils a tapestry of hope. Romans 3:24 reveals the liberating truth of justification by grace. As the mind internalizes this truth, gratitude blooms, and hope takes root.

Belief in Christ's unwavering love dismantles the shackles of fear and doubt. John 10:27-29 assures us of our secure position in His hands. To believe is to proclaim, "I am a child of God, redeemed by grace." It's a declaration that echoes through the corridors of our mind, shaping our reality and guiding our steps.

So, I invite you to journey with me in our sermon today as we discover how powerful the mind is and answer the question “Can self-talk influence your salvation?” May your self-talk resonate with the truth of God's love, paving the way for a transformed and abundant life.

Blessings, Pastor Vernon

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### Sabbath School Divisions/Classes

Adult Classes – Sanctuary; Come & See in Large Classroom; Filipino Class in the Youth Room.

Cradle Roll (ages 0-4); Kindergarten (ages 5-7); Primary (ages 8-10); Junior/Earliteen (ages 11-14)

### Evangelism

**Save the Date:** Coming **March 29-30**, at DAA, Elizabeth Talbot, will be presenting the good news of Jesus Christ. She will speak Friday evening, 7:00 pm, Sabbath at 10:00, 11:00, and 2:00. Lunch will be provided. Please bring a dessert to share. We encourage all church families to come worship at DAA as the Bismarck Church will be closed to support this event.

Elizabeth Viera Talbot, Ph.D., is the Speaker/Director for the Jesus 101 Biblical Institute, a media ministry of the North American Division of SDA, designed to offer in-depth Christ-centered biblical studies resources.

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### Small Groups

**Book Club: The** book club will continue to meet each Thursday, 6:00 pm, at the church, to discuss the book, “Unoffendable: How one change can make all of life better” by Brant Hanson. Contact Pastor Jacob for further questions.

**Tuesday Morning Bible Study:** Please join us every Tuesday morning from 10:00 -11:00 am, as we continue to study the bible. We are currently in the Book of Acts, chapter 13.

**Happy Hamper Laundry Love Program:** This mission program is asking for prayers, volunteers, and donations to help those with no/low income to wash their clothes. For those donating funds, please mark it in your tithe envelope as laundry program. For more information contact Tami Flemmer at 701-226-8258 or Reese Saxon at 865-216-7914.

**Guitar Small Group:** The Guitar Fundamentals will continue to meet each Thursday, 7:00 pm. Contact Dan Spilovoy at 701-226-2119 or Scott Winistorfer at 701-220-5826 regarding questions.

**Singing Band at St. Vincent’s:** This event will be the first Sabbath of every month at 2:00 p.m. The residents are looking forward to seeing us again, so please participate if you can. Accompanists are particularly needed. If you have questions, please contact Beverly Edwards (701-955-3264).

## Announcements:

**Church Board Meeting:** Our next board meeting will be Tuesday, March 12, 7:00 pm. Please send agenda items to the secretary/clerk or the pastor by Monday, March 11.

**Wanted: Duets, trios, quartets, family groups, etc.** to provide special music for our Worship Service. We are hoping for more mixed voice music, and we know there is untapped talent in our congregation. Please contact family and friends and then let Dan Spilovoy or Elaine Felchle know when you are able to provide Music. Thank you!

**Evangelistic Outreach Meeting:** Pastor Vernon will be holding an evangelistic outreach meeting on March 9, 2:00 pm in the large classroom. We encourage all members to come.

**Communion Service:** Communion Service will be held Sabbath, March 9. We ask you take time to examine your life to make sure nothing is hindering your fellowship with God. Communion service is a beautiful opportunity to reflect on the heart of our faith, the depth of our sins, and the sacrifice of Christ to atone for it. It is a unifying event for believers.



**Men's Retreat:** The Dakota Conference 29<sup>th</sup> Annual Men's Retreat is March 8-10, 2024, at Medora, ND (see the flyer in the foyer for details). To register click the QR code.



**Dakota Adventist Camps:** Registration opened Feb. 1, 2024. It's almost camp time. To register click on the QR code or go to [dakotayouthandyoungadults.org](http://dakotayouthandyoungadults.org).

**Fellowship Meal:** After our experiment during the month of February having only 2 potlucks, we will revert to regular potluck every Sabbath. We will conduct a survey during March for more feedback to take to the church board for further discussion and a recommendation.

## Announcements cont.

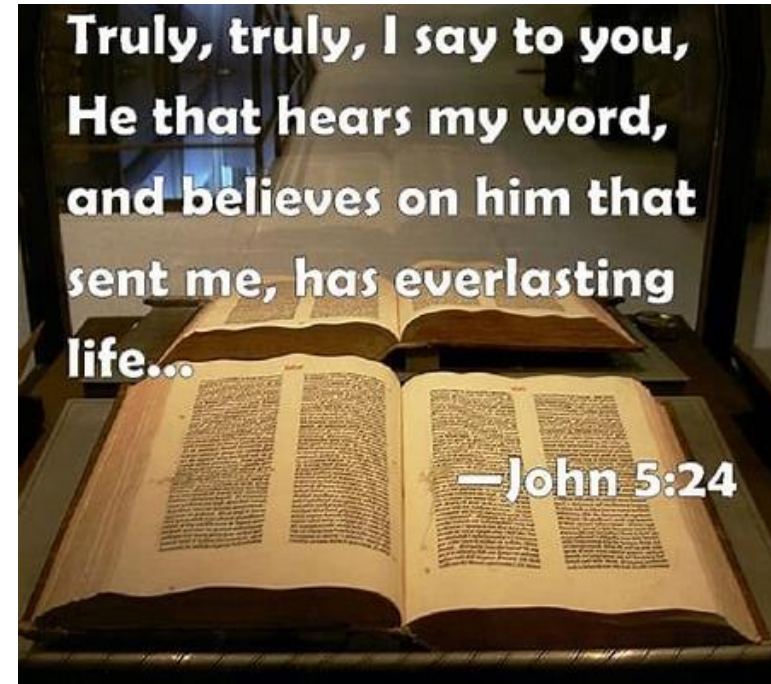
**Potatoes:** Roxanne and Garrie Dallmann have extra garden potatoes they would like to give away. They are asking for a free will offer. The money will go to Pathfinders to support them. To pre-order and pick up contact Roxanne at 701-226-3309.

## Calendar

- Mar. 1-3 – Pathfinder Bible Experience at DAA
- Mar. 2 – Singing at St. Vincent's Nursing Home, 2:00 pm
- Mar. 5, 12, 19, 26 – Tuesday Bible Study, 10:00 am
- Mar. 7, 14, 21, 28 – Book Club Mtg., 6:00 pm
- Mar. 7, 14, 21, 28 – Guitar Fundamentals, 7:00 pm
- Mar. 9 – Communion Service
- Mar. 9 – Evangelistic Outreach Meeting, 2:00 pm
- Mar. 13, 27– Pathfinder Meetings
- Mar. 15-17 – Pathfinders camping at Cross Ranch State Park
- Mar. 16, 23 – Adventurer Mtg., 1:30-3:00 pm
- Mar. 21 – Laundry Love
- Mar. 29-30 – Elizabeth Talbot Event at DAA
- Mar. 30 – No Bismarck Church Service

## Sermon Notes:

## March 2, 2024 Bismarck Seventh-day Adventist Church



We want to welcome you to the Bismarck Seventh-day Adventist Church. Whether you are a visitor or a long-time member we hope that you experience God's presence as well as warm Christian fellowship today here at church.  
Have a Happy Sabbath!

### Service Times

Sabbath School – 10:00 AM  
Worship – 11:00 AM

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**Bismarck SDA Church**  
1109 North 26<sup>th</sup> St., Bismarck, ND  
701-223-6830

